

## **A Fork in the Trail**

by Laurie Ann March © 2008

### **“At Camp” Instructions - Snacks**

To make it easy for you to take along the “at camp” instructions with your backcountry meals from *A Fork in the Trail* I have created these files for you to print out.

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Thank you,

Laurie Ann March

## **Monkey Gunk**

### **At Camp**

Mix 1/3 cup peanut butter with the ingredients in the freezer bag. Make into 4 balls.

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## **Pizza Gorp**

### **At Camp**

When you are ready to enjoy your gorp, take a short break and cut up a pepperoni stick into the bag of gorp. Continue your hike and enjoy your snack.